



Rev. David McDonald
*Administrative
Vacancy Pastor*

Mr. Dean Jennissen
Principal

Supporting the Ministry
of the
Lutheran Church –
Missouri Synod
at home and abroad

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Minnesota South  
District

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Immanuel Lutheran
Church and School

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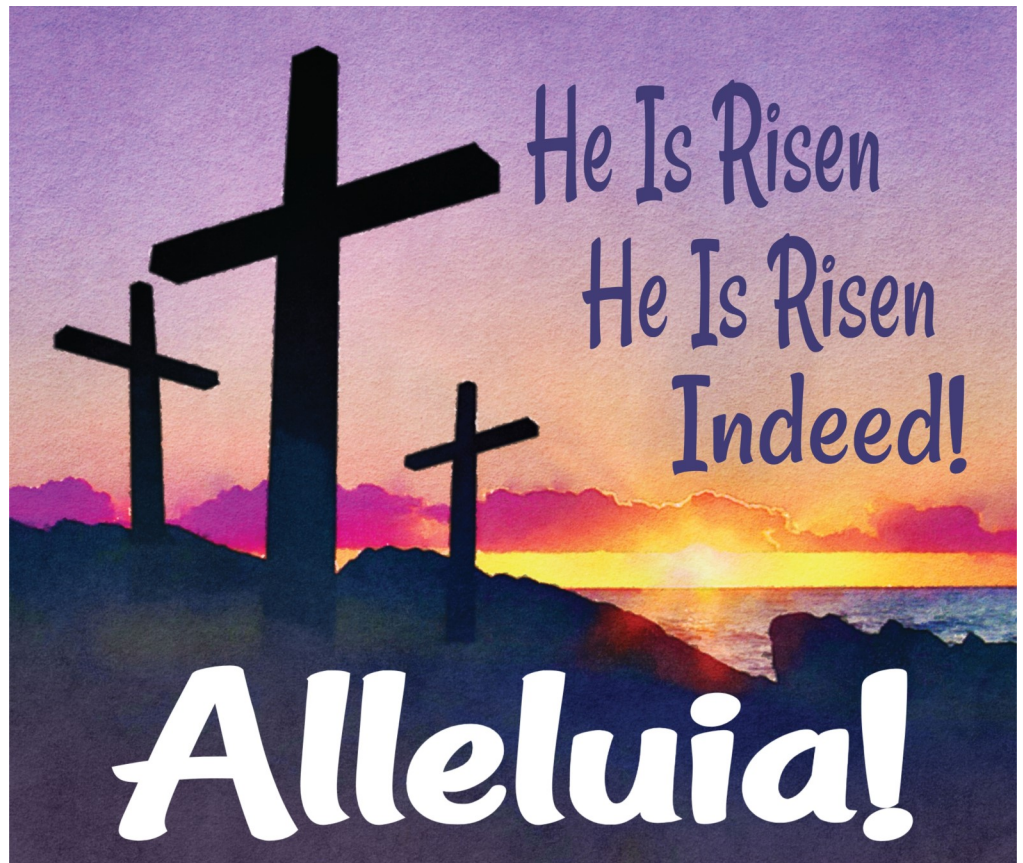
# *The Newsletter*

of Immanuel Lutheran Church  
Lakefield, Minnesota

April 2024

Volume LXII, Issue 4

# April



## *Immanuel's Statement of Mission*

***"We Love Because He First Loved Us" - 1 John 4:19***

*Acknowledging with gratitude all that God has done for us in Christ Jesus, we the members of Immanuel Lutheran Church and School dedicate ourselves to educating, equipping (2 Timothy 3:17) and building one another up in love as part of the body of Christ (Ephesians 4:16) and to the furthering of His kingdom in and around the city of Lakefield and throughout the world. (Acts 1:8)*

**JOINT BOARDS** meets on Monday, April 29th at 8:00 p.m. All Board Members are asked and encouraged to attend. Communication between our Boards is a vital key in helping our congregation grow. Joint Boards meets in the church basement. Meetings prior to Joint Boards are:

- Board of Congregational Services: Monday, April 8th at 5:15 p.m.
- Board of Elders: Monday, April 22nd at 6:00 p.m.
- Board of Finance: Sunday, April 28th at 12:00 p.m.
- Board of Trustees: Wednesday, April 24th at 6:30 p.m.
- Board of Ed: Wednesday, April 24th at 6:30 p.m.

**NO MONDAY EVENING SERVICE** on April 1st due to the Easter holiday. They will resume beginning on Monday, April 8th at 7:00 p.m.

**UPDATE FROM THE CALL COMMITTEE:** Call Committee is hoping to start working through a list of potential candidates soon. Call Committee is requesting that anyone who knows of a Pastor that they think should be considered, to please fill out the nomination form that is on the welcome center in the narthex. The deadline to turn these in to the church office is Sunday, April 14th. Please contact Amy in the church office at 507-662-5718 with any questions. Please keep praying for our church and the committee that we will be directed to choose whom God wants as our next pastor.

**IMMANUEL WELLNESS COMMITTEE** would like to educate our congregation about our facility's AED's. We've scheduled a brief educational class April 21st at 9:30 in the church basement, at the start of Bible Class. Purpose is to teach basic use and function of the AED's, as well as their locations within the church and school.

**GIVING STATEMENTS** for 2023 are ready. Please write your name on the sign-up sheet on the window in the narthex if you would like one or give Amy in the church office a call at 507-662-5718. Statements can then be picked up from the welcome center in the narthex or mailed out.

**THRIVENT CHOICE DOLLARS:** Thank you to everyone who designated their Thrivent Choice Dollars to either Immanuel Lutheran Church or Immanuel Lutheran School in 2023.

- Immanuel Lutheran Church received \$2,702.
- Immanuel Lutheran School received \$3,381.

**LAST DAY OF SUNDAY SCHOOL** will be Sunday, April 14th. We had a lot of fun at Sunday School this year and the children learned a lot about Jesus and his love. Thank you teachers for teaching our youth and thank you parents for bringing your little ones to Sunday School. A Sunday School Teacher Appreciation is being planned for a later date.

## **CONFIRMATION**

will be held on Sunday, April 28th during the 10:45 a.m. worship service.

This year we have 5 confirmands:

- Kiara Baumann: daughter of Kendra and Adrian Connell
- Emma Bergeron: daughter of Crystal and Luke Rossow & Joel Bergeron
- Nick Daberkow: son of Tim and Sonya Daberkow
- Grady Rossow: son of Travis and Leah Rossow
- Jaelin Scholten: daughter of Justin and Sheila Scholten



**VOTERS MEETING** for the second quarter will be on Sunday, April 14th right after the 10:45 a.m. worship service around 11:45-12:00.

**OFFERING:** We have resumed passing the offering plate during the worship service. This started with our Midweek Lent service on March 21st.

**NEW PORTALS OF PRAYER** for April through June are available on the welcome center in the narthex in both regular and large print. Please help yourself to a copy.

**2023 ANNUAL REPORTS** are now ready. Please help yourself to a copy. They can be found on the welcome center in the narthex.

**THANK YOU** to everyone who supported our Lenten suppers this year. We raised \$1,357 for the Lift/Handicap Bathroom project. A huge thank you also to our boards and the LWML for preparing and serving a meal. It is much appreciated!

**RESCHEDULED: LIONS PALM SUNDAY BREAKFAST** is NOW Sunday, April 7th, from 9:00-12:30 at the Lakefield American Legion. Pancakes, ham, and eggs will be served. Cost is \$10 adults, \$5 youth ages 5-12, and free for youth ages 4 and under.

**HELP WANTED:** Immanuel Lutheran School is hiring 2 teachers for the 2024-2025 school year. One position is a full-time teacher for Kindergarten, 1st grade, or 2nd grade. The other position is a Flex teacher for 3rd-8th grade English Language Arts, Math, Science, and Social Studies. The flex teacher may be part-time or full-time depending on the needs of the school and the applicant. We are prayerfully seeking highly motivated Christian educators to help further our mission of equipping and encouraging students with Christian values as they impact the world around them now, and in the years to come. Teachers will join a dedicated, dynamic and experienced team of inspirational classroom leaders. Qualifications include a Bachelor of Education (either Early Childhood or Elementary), Minnesota licensure, agreement with the beliefs and practices of Immanuel Lutheran Church and School and the Lutheran Church Missouri Synod, experience in a classroom setting, strong organizational and teamwork skills, sound written and verbal communication skills, effective use of technology as a teaching tool, and a good understanding of general elementary curriculum and developmental milestones. Immanuel Lutheran School prides itself on offering excellent working conditions to its employees including professional development, a family atmosphere, and encouragement. Salary and benefits will be determined based on synodical guidance and regionally comparable compensation. Please send a letter of introduction, your resume and two letters of recommendation by Wednesday, April 3rd @ 4:00 p.m. to Mr. Dean Jennissen, Principal: [ilsprincipal@immanuellakefield.com](mailto:ilsprincipal@immanuellakefield.com)

**CHURCH AND SCHOOL OFFICES WILL BE CLOSED** on the Monday after Easter. This is Monday, April 1st.

**IMMANUEL LUTHERAN SCHOOL REGISTRATION FOR THE 2024-2025 SCHOOL IS OPEN.**

We appreciate your interest in Immanuel Lutheran School, an educational environment that promotes excellence and growth in the Lutheran Christian Faith where each child can strive to reach his or her potential. We believe that the parent is the child's first teacher. It is only through parents and teachers working together and showing mutual respect that we hope to achieve what is best for each child at Immanuel Lutheran School.

**LWML Happenings**  
**Lutheran Women In Mission**

The April LWML monthly meeting will be Wednesday, April 10. A light supper will be served by Connie Rossow and LaNell Rossow at 5:15 with a devotion and meeting to follow at 5:30.

Serving on Altar Guild for the month of April are Linda Davis, Marie Kruse, and Gail Swenson. We thank them for taking care of the altar duties.

Plans are underway for a Salad Buffet Sensation to be held Wednesday, May 8 at 5:30. All women from our congregation, as well as local churches, are invited. Please watch for further details.

The LWML MN South District Convention will be held in Mankato June 20-22. There will be Bible Study, Mission Speakers, exhibitors, Communion Service, and more. Everyone is welcome to attend. Registration deadline is May 1. There is a fee of \$135, which includes the Friday lunch and dinner. Additional details are available online at [mnslwml.org/2024\\_district\\_convention](http://mnslwml.org/2024_district_convention). Our delegate is Mary Poppe with a second delegate to be determined at our April monthly meeting.

**Serve the Lord with Gladness**  
**~ Psalm 100:4**

**OFFICIAL ACTS FOR MARCH 2024**

Membership:

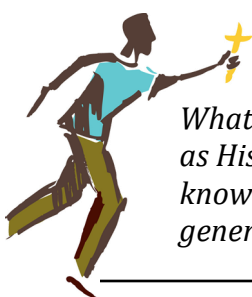
Baptized: 596      Communicants: 440

ENTERING IMMANUEL...

LEAVING IMMANUEL...

...Entering Church Triumphant –

Adele Hage took the hand of her Lord on February 24th, 2024 and was given a Christian burial on March 4th, 2024. Burial is at Immanuel Cemetery.



*Stewardship Moment...*

**John 10:14 – "I am the good shepherd. I know my own and my own know me."**

*What does it mean to know the Lord? It starts with being known by the Lord: He claims us as His own and calls us by name. Then, once we are His, we learn to know Him, and in knowing Him, we learn to imitate Him. That is how the Christian life of good works and generosity grows from the Lord's grace.*





# LWML Spring Rally

OUR REDEEMER

LUTHERAN CHURCH

101 KIMBALL AVE., JACKSON

SATURDAY, APRIL 6

9:00 a.m. with an 8:30 registration

Cost is \$5

⇒ Speaker Phil Zielke of Phil's Friends: Phil Zielke is a two-time Stage 4 cancer survivor and founder of Phil's Friends, a national organization whose mission is to provide Christ-centered support and hope to cancer patients and their families. They do this through Care Packages, Cards of Hope, and Prayer.

⇒ Gifts from the Heart collected for Phil's Friends "Care Packages". LWML is collecting new and unused items for these Care Packages. Please consider donating any of the following items for ADULTS:

- Blankets: Rolled throw, fleece-tied, crocheted
- Lotion: Fragrance-free; 5 oz. or smaller
- Decks of Playing Cards
- Puzzle Books
- Biotene: 6 oz. or smaller
- Hats: Knitted, crocheted, baseball, etc.
- Gift Cards: to purchase needed item
- Fuzzy Socks: women's only
- Journals: size 5x7, not spiral bound
- Soft Bristle Toothbrushes
- Toothpaste: 5 oz. or less

A collection box, with further info, will be located in the narthex through March.

⇒ Attendees will be coloring cards to include in the Care Packages. (bring your own colored pencils)

⇒ Assembly of Silent Auction Basket: Theme is Spa/Self Care. Each church should bring items to contribute.

⇒ Closing with Lunch

**RSVP** to Paula Hakes by April 1st  
if attending: paulakhakes@gmail.com

**"I needed clothes and you clothed me.**

**I was sick and you looked after me."**

~ Matthew 25:36



## YOUTH NEWS (GRADES 6-12)

### • Sunday Morning Bible Study

#### Opportunities:

Adult Bible Class in the church basement

OR

Youth Group Bible Study in the "Youth Room" (aka mothers' room)

—Join your fellow YOUTH-brothers and sisters in Christ- for life changing Bible Study.

• **"Lakefield Restaurant Crawl"** youth group event on Thursday, April 18th, 2024 at various localities in LF starting at 6:00. Come to hang out and eat, drink, and merrily enjoy this month's "Master Criminals" Bible study called "What Will Tomorrow Bring?". Parents may plan to drop you off at Dudley's for an appetizer, and then you'll walk to Silverback's for a burger. After that, you'll hoof it to Immanuel for dessert and Bible Study. Parents should plan to pick students up at Immanuel church basement at 8:00 p.m. Youth should plan to bring \$10 to give to the kitty to help defray costs for the evening. Yum!

• **Check out the bulletin board in the narthex to keep informed with youth activities.**

**RIVERBEND QUILT GUILD** will be hosting the 3rd Annual Veterans Quilt Program for 21 of Jackson County veterans at the 2024 Jackson County Fair on July 26th at 2pm. The program will be held in the new Blue Commercial/Vendor Building. If you would like to nominate a Service man or woman to receive a quilt, please fill out a form (forms can be found on the welcome center in the narthex) and give it to a Guild member, Amy in the church office, or email to [jcservicequilts@gmail.com](mailto:jcservicequilts@gmail.com). If the veteran is picked to receive a quilt this year they will be contacted in early summer. If not they will go to the top of the list for next year.

**IF YOU ARE IN NEED OF PASTORAL CARE** you may contact Pastor McDonald directly (507-993-1113 or [mcdonald.david66@yahoo.com](mailto:mcdonald.david66@yahoo.com)) Amy in the church office (507-662-5718 or [immanuel@immanuellakefield.com](mailto:immanuel@immanuellakefield.com)), or speak to one of the elders. This includes visits, prayer requests, communion for home bound members, among others. Pastor McDonald is our administrative vacancy pastor and is leading our Monday evening worship services.

### **COMMUNION FOR THOSE WHO ARE UNABLE TO ATTEND WORSHIP SERVICES:**

Anyone who is not able to join us for worship services, but would like to receive communion please contact Pastor McDonald directly. He will schedule a time to meet you. Pastor's cell is 507-993-1113.

Email: [mcdonald.david66@yahoo.com](mailto:mcdonald.david66@yahoo.com)

## Lutheran Hour Ministries

The Lutheran Hour may be listened to on Sunday –

KICD – 1240 AM, Spencer, IA at 10:30 AM

WCCO – 830 AM, Minneapolis, MN at 6 AM

KSUM -- 1370 AM, Fairmont, MN at 11 AM

KJLY – 104.5, Blue Earth at 6 PM

**KDOM, 103.1 FM at 10 AM**

KDCR, 88.5 FM at 1 PM

You may also listen anytime on their website: [lhm.org](http://lhm.org)

**April 7**

**“Raise the Flag”**

Speaker: Rev. Dr. Michael Ziegler

Learn how the followers of Christ are raising God's flag in the world.

(Acts 1:1-11)

**April 14**

**“Breathe In, Breathe Out”**

Guest Speaker: Rev. Dr. Leopoldo Sanchez

The Holy Spirit breathes life into the Church and the Church breathes that life out to the world, with the love of Christ.

(Acts 2:42-47)

**April 21**

**“More Than He Bargained For”**

Speaker: Rev. Dr. Michael Ziegler

Whatever we ask of Jesus is probably too small, because Jesus provides more than what we expect.

(Acts 3:6)

**April 28**

**TBD**

### IMMANUEL BOOKSTORE NEWS: All cards are 75 cents.

Confirmation will be here before you know it and if you wish to order Bibles, Hymnals, Prayer Books, etc. for a confirmand now is the time to do it. If you wish to get your gift imprinted, that may take extra time. Confirmation and Graduation cards are available along with birthday, get well, wedding, anniversary, baby, baptism, thank-you, and sympathy cards. Stop by the bookstore and check out the selection. You can either pay Amy in the office or leave it in the empty box by the cards.

Now available at the Bookstore:

- Confirmation Cards
- Graduation Cards

**EMAIL PRAYER CHAIN:** We have an email prayer chain so we can pray for our fellow brothers and sisters in Christ when they are in need. If you would like to be added to the email prayer chain, please email Amy at [immanuel@immanuellakefield.com](mailto:immanuel@immanuellakefield.com)

**LAKEFIELD MEAL SITE** is serving in-house meals. Call 507-662-6714 to reserve. Lakefield Meal Site will have 1/2 price DAYS for all picked-up, in-house & home delivered meals in 2024. April dates for 1/2 price meals are the 5th and the 16th.

- Friday, April 5: 1/2 Price Meal sponsored by Kozy Heat; Menu: Beef Vegetable Stew & Biscuit
- Tuesday, April 9: Foot Care Clinic call 507-662-5254 for appointment
- Tuesday, April 9: Pinochle at 12:30
- Thursday, April 11: Signature Meal: Lasagna
- Friday, April 12: Lakefield Birthday Party; Menu: Lemon Pepper Chicken
- Monday, April 15: Lunch and Learn: Kathy Wegner, Lakefield Librarian' Meal: Chicken Broccoli Rice Casserole
- Tuesday, April 16: 1/2 Price Meal sponsored by Kozy Heat; Meal: Pork Carnitas & Rice Pilaf
- Wednesday, April 17: 500 at 12:30
- Tuesday, April 23: Pop-Up Meals
- Wednesday, April 24: Pinochle at 12:30

Call Marless (507-662-5254) for card details and to schedule playing.

**CHURCH ANSWERING MACHINE:** I am not able to retrieve messages off the answering machine right now. You can still call the church and school, but if I don't answer, please do not leave a message. Feel free to email me ([immanuel@immanuellakefield.com](mailto:immanuel@immanuellakefield.com)) or call/text my cell (507-329-7464).

Thank you, Amy

*Stewardship Moment...*

**John 20:19** – “Jesus came and stood among them and said to them, ‘Peace be with you.’” The peace we have in Jesus is what makes a life of good works possible. Since we know that it is Jesus who saved us, and not our works, we are now free to do good works not out of self-interest, but for the right reasons: out of thanksgiving toward God and love for our neighbors.



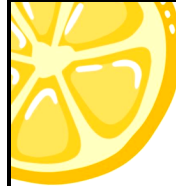
SAVE THE DATE  
 IMMANUEL LUTHERAN SCHOOL  
 125th ANNIVERSARY CELEBRATION  
 AUGUST 17th-18th

Saturday, August 17th

- 3:30-5:00 Open House  
 Tour Classrooms  
 Video in Activity Center
- 5:15 Welcome - Principal Dean Jennissen  
 Table Prayer
- 5:30 Meal (freewill offering)
- After Meal Master of Ceremony - Doyle Zellar,  
 former ILS Principal
- awards & special recognition
  - sing old & current Cougar fight songs
  - presentation of 1999 time capsule
  - "Share Your Memories"
  - introduction of past & present staff
  - Closing Devotion - Rev. Evan Schiller, former ILS teacher

Sunday, August 18th

- 9:00 Special Thanksgiving Worship Service  
 led by Rev. Dustin Lappe and Rev. Kurt Klaus,  
 former ILS students from the same class
- After Service Rolls & Beverages in Activity Center  
 Presentation by Rev. Fred Hinz, Public Policy Advocate for both the LMCS Minnesota South and Minnesota North Districts



# Salad

## BUFFET SENSATION

Where: Immanuel Lutheran Church  
 Basement (lift available)

When: Wednesday, May 8th

-Doors open at 5, meal starts at 5:30  
 NO COST

Speaker from the Minnesota River  
 Area Agency on Aging.

RSVP requested by May 6th to Carolyn  
 at (507) 830-2108 or  
 dchansencattle@hotmail.com

Sponsored by the  
 Immanuel LWML



### SAGES GATHERING XXXIV "Finishing Strong" is

May 6th-7th at Country Inn & Suites in Mankato. Featured presenter is President Emeritus of the LCMS Minnesota South District, Rev. Dr. Dean Nadasdy. Along with Rev. Nadasdy, there are 2 other presenters, 7 workshop choices, music, fellowship, and a banquet with entertainment by the Benson Family Singers. Registration forms and info about workshops can be found on the welcome center in the narthex. Registration is due by April 15th. Cost is \$75 for both days, \$43 for May 6th, or \$35 for May 7th. Reserve your hotel room now by calling 507-388-8555 and asking for the S.A.G.E.S. room block by April 6th. S.A.G.E.S. (Saints Alive, Growing, Ever Serving) is our LCMS Minnesota South District Older Adult Ministry.

**VOCATIO RETREAT** is a free 3 day opportunity for college students and second-career adults who are interested in serving as a pastor, deaconess, missionary, or chaplain. Retreat is April 14th-16th at the Concordia Seminary in St. Louis. Register online at <https://www.csl.edu/admissions/visit/vocatio-retreat/>



# Immanuel Lutheran School Highlights



*"We love because He first loved us." -1 John 4:19*

- **CHAPEL OFFERINGS** for the 3rd quarter totaled \$410.57 and were given to Hearts For Jesus furnishing a Garuna Christian School in Siem Reap, Cambodia, and providing transportation for students.
- **CHAPEL OFFERINGS** for the 4th quarter will go to our Tuition Assistance Program (TAP) here at ILS.
- **EASTER BREAK—NO SCHOOL—MARCH 28th through APRIL 1st**
- **PARENT TEACHER LEAGUE (PTL)** meets on Thursday, April 4th at 6:00 p.m.
- **REGION IV SPELLING BEE** is Saturday, April 20th at St. Paul's Truman.
- **ALL SCHOOL CHOIR** sings at The Lutheran Church of Our Savior in Windom on Sunday, April 21st at 9:00 a.m.
- **REGISTRATION IS OPEN FOR THE 2024-2025 SCHOOL YEAR**

## *From the Principal:*

At the time of this writing you have likely experienced Lent, Holy Week and Easter Sunday. He is Risen indeed! Conquering sin, death and the devil when He rose from the grave, I cannot repeat these truths often enough. Thank you Jesus; thank you for going before me and doing what I could never do.

There is something so uncomplicated about how Jesus taught us to live that recently came to mind in an article I shared with our staff from Pastor, Author and Speaker, Chuck Swindoll. It is entitled, "Growing and Learning in Pursuit of Jesus' Great Commission. The scripture reference is Matthew 28:18-20.

"And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age."

Here are some key take-aways from the article and the scripture passage:

- The objective is simple and clear: make disciples. Tell others about Jesus and help them to walk with Him, help them to talk with Him and help them to obey Him, even when it's hard.
- Jesus was laser-focused on the mission of saving souls, but He was relaxed about the method. The Great Commission is for all of us. We don't need to have special training, a degree in ministry or a high IQ or expansive vocabulary. Keep it simple. Show up, share a meal, walk with your neighbor and tell them about what Jesus has done.

In a world that tends to overthink things, Jesus calls us to the simple: make disciples. What an honor and a privilege it is to follow His lead.

*Dean A. Jennissen, Principal*

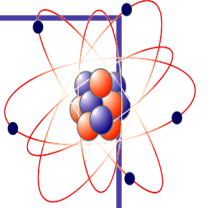
*Immanuel  
Lutheran School  
A Great Place to Grow*

*Principal:  
Dean Jennissen*

*Teachers:  
Stacy Soderholm: Preschool  
Sarah Mattila: PreK  
Jani Sage: Kindergarten  
LaDonna Peterson: Gr. 1-2  
Stacie Soleta: Gr. 2-3  
Kelly Ackermann: Gr. 3-4  
Gretchen Benda: Gr. 5-6  
Dean Jennissen: Gr. 7-8  
Phil Schult: Band*

*Support Staff:  
Raeleen Grein: Computer, AR  
Sheila Freking: Teacher Aide  
Caleb Soleta: Teacher Aide  
Pat Steffen: Hot Lunch  
Amy Altman: Secretary*





## *CAMP INVENTION ILLUMINATE*

for students entering grades 1-6

Cost: \$270

Immanuel Lutheran School, Lakefield

June 10th-13th

8:00 AM - 4:00 PM

- Sports Ball Design & Light Up  
Game Board

- Glow Box

- Engineer a Tiny House with  
Crops using robotic Lab-On-  
Wheels and Water-Based Tech-  
nology

- Prototyping Studio

Go to [invent.org/camp](http://invent.org/camp) to register.

**ILS FINE ARTS FESTIVAL** was held on March 9th. Congratulations to these Fine Arts participants on being awarded these ribbons:

- Deja Harris: blue (superior) - vocal
- Stevie Untiedt: blue (superior) - vocal
- Natalie Jeske: blue (superior) - vocal
- Alivia Ackermann: blue (superior) - vocal
- Kye Jons: blue (superior) - vocal
- Kora Olson: blue (superior) - vocal
- Lydia Mattila: blue (superior) - vocal
- Finley Burmeister & Laurel Burmeister: blue (superior) - vocal duet
- Nevaeh Henning & Rosalie Roark: green (participation) - vocal duet
- Silas Liepold: blue (superior) - piano
- Eleanor Milbrath: red (excellent) - piano
- Lela Swanson: blue (superior) - piano
- Eleanor Milbrath & Lela Swanson: blue (superior) - piano duet
- Silas Liepold, Eleanor Milbrath, & Lela Swanson: blue (superior) - piano small group
- Atticus Regnier: blue (superior) - piano
- Kaelyn Swanson-Voight: blue (superior) - piano
- Olive Kruger: blue (superior) - recorder
- Kaelyn Swanson-Voight: blue (superior) - dramatic reading
- Jack Swanson: green (participation) - dramatic reading
- Camille Soderholm: blue (superior) - dramatic reading
- Devyn Ness: blue (superior) - dramatic reading
- Nevaeh Henning: green (participation) - dramatic reading
- Simeon Peterson & Aidan Post: blue (superior) - dramatic reading
- Grady Dagele: red (excellent) - creative writing
- Epi Regnier: blue (superior) - creative writing
- Simeon Peterson: blue (superior) - creative writing

A HUGE thank you to our volunteer judges and helpers: Cory Regnier, Alan Salzwedel, Brenda Matasovsky, Jerry Schlager, Stacie Soleta, Sarah Mattila, and Sue Spoo, Thanks also to Mrs. Peterson for organizing the Fine Arts Festival.

**REGION IV SPELLING BEE** will be held at St. Paul's Lutheran School in Truman on Saturday, April 20th. The following students were selected in their classroom spelling bees:  
Grades 7/8: Jaelin Scholten & Emma Bergeron  
Alternate: Khloe Post

Grades 5/6: Simeon Peterson & Abby Ackermann  
Alternate: Alivia Ackermann & Sofia Welp

Grades 3/4: Atticus Regnier & Aaron Ackermann  
Alternate: Finley Burmeister & David Ackermann

Grades 1/2: Connor Voss & Graycen Culver  
Alternate: Grady Dagele & Jack Swanson

**ILS CHESS TOURNAMENT** was held on March 16th. We had 30 players this year with 15 of them from ILS including: Flynn Kruger, Karina Buresch, Addie Ackermann, Graycen Culver, Grady Dagele, Connor Voss, Ben Ackermann, Ben Hesemann, Kye Jons, Lydia Mattila, Olive Kruger, David Ackermann, Aaron Ackermann, Summer Scholten, and Abby Ackermann.

### **TROPHY WINNERS FROM ILS INCLUDED:**

- ◆ Connor Voss  
1st in K-2nd grade bracket
- ◆ Graycen Culver:  
2nd in K-2nd grade bracket
- ◆ Karina Buresch  
3rd in K-2nd grade bracket
- ◆ Aaron Ackermann  
2nd in 3rd-5th grade bracket
- ◆ Ben Hesemann  
3rd in 3rd-5th grade bracket

**SCRIP ORDERS** are taken weekly. Please turn in your orders to Amy in the church office by 8:30 a.m. on Mondays and it will be ready for you to pick it up the following Monday. Order forms can be found on the welcome center in the narthex (they're blue). Any questions ask Amy in the office by calling 507-662-5718 or email to [immanuel@immanuellakefield.com](mailto:immanuel@immanuellakefield.com)





# April BIRTHDAYS

- 1 ~ Brenner Burmeister  
Breann Grein  
Colten Stevens
- 2 ~ Mary Pauling  
Dennis Rossow  
Dawn Rossow
- 3 ~ Linda Luebben  
Cole Monson  
Lloyd Steffen
- 4 ~ Kevin Luebben  
Daniel Schultz
- 5 ~ Brynlea Kraft
- 6 ~ Merlin Tordsen
- 7 ~ Allison Thaemlitz
- 8 ~ Kendra Connell  
Kerry Sydnes
- 9 ~ Ines Henning  
Hope Onnen  
Joel Poppe
- 10 ~ Linda Wagner
- 11 ~ David Bass  
Kailey Koep  
Sarah Labs
- 13 ~ Beverly Hall  
Alexa Henning  
Sheila Scholten
- 14 ~ Tara Pederson
- 15 ~ Galen Gunther
- 16 ~ Joyce Baumann  
Timothy Baumann
- 17 ~ Kenneth Rients
- 18 ~ Sonya Daberkow  
Matthew Rossow  
Don Schulz
- 19 ~ Connie Rossow
- 20 ~ Ahti Lariviere  
Taylor Rossow  
Jodi Thurk
- 21 ~ Mark Freking
- 23 ~ Ross Gunther  
April Krumwiede  
Shelly Palmer
- 24 ~ Jesse Ackermann
- 25 ~ Jerrick Gentz  
Kim Rients
- 26 ~ Cameron Henning  
Trudy Malchow
- 27 ~ Wesley Barkeim
- 28 ~ Loretta Palmer  
Twylla Pederson

## FOR LIABILITY REASONS

*and safety issues we need to know who is in the church and when, especially as we host benefits and other events. All building use needs to be scheduled with Amy in the church office. Many groups and individuals for whom we are very thankful use our building, but we do need to remember to schedule rooms. Please call the church office to schedule an event or meeting. Thank you for your consideration.*

**OH! WHAT A KNIGHT DINNER AUCTION** celebrating the 40th Anniversary of Martin Luther Jr/Sr High School, Northrop will be held on Saturday, April 20th. Doors open at 4:30 p.m. for social hour, hors d'oeuvres, and auction preview. Hundreds of new and handmade items, gift certificates, services and interesting baskets will be on the Silent and Live Auction. Pictures are available at [www.martinlutherhs.com](http://www.martinlutherhs.com). Guests can play several games to win great prizes. Everyone is invited to wear red in recognition of the Ruby Anniversary of MLHS. In addition to appetizers, a catered dinner of bacon wrapped chicken breast, garlic mashed potatoes, cashew lettuce salad, honey glazed carrots, roll & butter and Michelle's cupcakes will be served at 6:00 p.m. Then the fun of the Live Auction begins. Tickets are \$30/person from the MLHS office or at [www.martinlutherhs.com](http://www.martinlutherhs.com). Call 507-436-5249 for more information. Martin Luther High School is located at 315 Martin Luther Drive, Northrop.

**RADA CUTLERY FUNDRAISER:** Immanuel Lutheran School is doing a RADA Cutlery Fundraiser. These are the knives, kitchen utensils, and food products that ILS had done as a fundraiser years ago. All shopping is done online and shipped directly to you. Here is the RADA shopping link: <https://radafundraising.com/?rfsn=7714827.f00d30> It will be open for the whole school year. Orders can be submitted anytime and will be shipped right to you. Thank you for supporting Immanuel Lutheran School.

**SECRET ANGEL:** For 125 years God has blessed Immanuel Lutheran Church and School with a ministry that has provided a Lutheran education to the children of Immanuel Lutheran Church and beyond. The cost of a Christian education has steadily increased over the years. If you would like to help a specific child or contribute to the Tuition Assistance Program, please contact Principal Jennissen, Amy in the church office, or a School Board member.

IF YOU WOULD LIKE YOUR NAME ON THE PRAYER LIST,  
PLEASE CALL THE CHURCH OFFICE AT 507-662-5718 OR  
EMAIL [immanuel@immanuelakefield.com](mailto:immanuel@immanuelakefield.com)

We would rather hear it two or three times than not at all.  
Also because of privacy issues we need your personal  
permission to do so.



**LWML MINNESOTA SOUTH  
DISTRICT CONVENTION**

**JUNE 20-22**

**MAYO CLINIC HEALTH SYSTEM EVENT  
CENTER, MANKATO**

Theme: Walk in Love “Therefore be imitators of God, as beloved children. And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.” (Ephesians 5:1-2)

Convention Message: As we “talk the talk” may we be encouraged to “walk the walk,” as God’s beloved children, sharing the love of Christ with others.

Cost is \$135, which includes Friday lunch and dinner.

Registration deadline is May 1st.

Convention Outline:

Thursday, June 20th at 4:00 p.m.  
Registration and Fellowship

Friday, June 21st at 8:00 a.m.  
Bible Study, Mission Speakers, Communion Service

Saturday, June 22nd from 8:00-12:00  
Bible Study, Installation of Officers, Closing and  
Adjournment

PLEASE JOIN US if you are interested in what Lutheran Women in Mission do. ALL\* are welcome to come and "Walk in Love" with us as we JOYFULLY PROCLAIM CHRIST.

(ALL\*: Who do we mean when we say ALL?  
We mean non-LWML women, former members,  
spouses, sisters, Pastors, daughters, friends ...  
EVERYONE IS WELCOME.)

For additional details go to:  
[mnslwml.org/2024\\_district\\_convention](http://mnslwml.org/2024_district_convention)

**BACK AT THE BARN BENEFIT** for Steve and Beth Prins is Saturday, April 20th from 3:00-7:00 p.m. at The Barn, 1815 East Ave., Worthington. A Live Benefit Auction will be held at 6:00 p.m. Burgers will be served alongside the “Tastes of Tuesday” sale barn treats counter featuring homemade rolls and pies for a freewill donation. Beth has had multiple treatments and hospitalizations due to debilitating depression. Proceeds will offset medical expenses.

**ON THE LINE** podcast presents daily Lutheran insights, drawing from expert voices, addressing the intersection of Christianity and culture today. Culminating in a detailed weekly long-form interview, the discussions offer listeners a unique blend of intellectual exploration and spiritual insight. Their mission is to cultivate honest, thoughtful, and rational Christians. With content and discussions firmly anchored in Christian teachings, the podcast encourages listeners to engage, reflect, and grow in their understanding of Christianity's impact in our modern age. Find the podcast on YouTube: [https://www.youtube.com/@otl\\_podcast\\_](https://www.youtube.com/@otl_podcast_)

**DO YOU LIKE TO DRIVE?** United Community Action Partnership has a volunteer driver program in your community. Volunteer drivers help get people to appointments and social outings so they can continue to live independently and active within the community. If you might be interested, give Amanda a call 507-847-2632 ext. 1119 or email [communityconnection@unitedcapmn.org](mailto:communityconnection@unitedcapmn.org)



4/7/84 Tim and Victoria Rossow  
4/13/91 Chris and Jodi Thurk  
4/16/72 Mike and Jean Hendrickson  
4/17/71 Larry and Jean Oelke  
4/19/80 Darv and Marjean Oelke  
4/20/85 Todd and Jen Hendricksen  
4/21/07 Chad and Amber Newell

## YOUTH SUMMER CAMPS

- **CAMP MINNEBOJI** will take place this summer from June 16-22 at Camp Okoboji. This year's theme is "Blessed" based on Matthew 5:1-12. Camp Minneboji is for students who have completed grades 4-9. Cost is \$500. We have had youth go including Kristofer Altman, Izzy Grein, Alexa Henning, Aliza Liepold, and Thomas Liepold. They had a great time at camp! Check out their facebook page (Camp Minneboji) or their website ([www.minneboji.com](http://www.minneboji.com)) for information and registration.
- **CAMP OMEGA** in Waterville, Minnesota has a large selection of camps. Information may be found online at [www.CampOmega.org](http://www.CampOmega.org) or by calling 507-685-4266. Camp handouts may also be found on the welcome center in the narthex. Please help yourself to one. It is a fun camp with lots of different opportunities.
- **CAMP OKOBOJI** in Milford, Iowa also has many camps available. More information may be found online at [www.campokobji.org](http://www.campokobji.org) or by calling 712-337-3325.
- **HIGHER THINGS CONFIRMATION CAMP** will be held at Camp Io-Dis-E-Ca in Solon, Iowa. More information can be found at [www.higherthings.org/confirmationcamp](http://www.higherthings.org/confirmationcamp) or by contacting Alec Deppe, Director of Programs and Retreats at Camp Io-Dis-E-Ca at 319-848-4187. Many fun things to do at camp including horseback riding, rock climbing, zip lining, and canoeing.
- **ART CAMP** is at Martin Luther High School in Northrop June 10th, 12th, and 13th. Grades 1-4 is from 9:30-11:30 a.m. with projects of Tie Dye and Clay Creations. Grades 5-9 is from 12:30-2:30 p.m. with projects of Tie Dye and Acrylic Painting. Cost is \$50. Instructor is Kim Koppen. Register online at [martinlutherhs.com](http://martinlutherhs.com) under Special Events Camps by June 1st.
- **MODEL ROCKET CAMP** is at Martin Luther High School in Northrop June 17th-20th from 6:00-9:00 p.m.. Camp is for students in grades 6-12 and adults. Campers will build 3 rockets in 4 nights. Rockets include Paper Rocket, Estes Rocket, and Fireworks Bottle Rocket. Cost is \$25. Instructor is Nate Watt. Register online at [martinlutherhs.com](http://martinlutherhs.com) under Special Events Camps by June 1st. Class size limited to 16 so register soon. Class will be outside—dress appropriately.

## WHAT'S HAPPENING AT THE LIBRARY?

- National Library Week is April 7th-13th.
- Bookmark Design Contest: Theme is "Adventure Begins at Your Library". There are 4 age categories (Ages 5 and under, Ages 6-11, Ages 12-17, Ages 18 and up). Entry forms are at the library or can be found online ([jclmn.org](http://jclmn.org)). One bookmark chosen from each age group to be printed and distributed this summer. Entries are due by Friday, April 12th at 5:00 p.m.
- Total Eclipse: Library and 4H are teaming up to celebrate the eclipse. Stop into the Jackson Library on Thursday, April 4th from 5:30-7:30 for fun hands-on stations for children about the eclipse and space. Free Eclipse Glasses available at the Lakefield library April 1st-8th.
- Storytime is held on Thursday mornings at 10:00 a.m.
- Bedtime Story Hour is on Thursday, April 18th at 6:30 p.m.
- Elementary After School Program for students in grades K-4 is on Thursday, April 11th at 3:45 p.m. Activity is Game Day. Registration required by calling 507-662-5782.
- Tween & Teen Scene for students in grades 5-12 is on Tuesday, April 23rd at 3:45 p.m. Activity is Friendship Bracelets. Registration required by calling 507-662-5782.
- Monthly Adult Program is on Wednesday, April 10th at 2:00 p.m. "Fraud Seminar" hosted by Stacie Wolter from Bank Midwest.
- Craft Café is on Wednesday, April 24th from 1:00-3:00 p.m. Bring your own craft or do one of the library's crafts. This is self-led, the library staff will not be leading any specific craft.
- Free Adult & Teen Spring Craft Kits are available. This month's is a Tile Coaster Kit.
- Book Club will meet on Wednesday, April 3rd at 3:00 p.m. to discuss "The Great Alone" by Kristin Hannah.
- Monthly Movie Day is on Friday, April 19th at 2:15 p.m.

**CARING FOR ONE ANOTHER...** *A serious illness or death in your family; a personal crisis; a time of major decision making; a time of great joy; all of these times when pastoral care is vitally important. If you or a family member or a friend is experiencing any of these, please contact the church office. We, here at Immanuel, welcome the opportunity to provide spiritual care and guidance in difficult times, as well as to rejoice with you in times of joy.*



## FROM THE IMMANUEL WELLNESS COMMITTEE

April is National Stress Management Month, this information is from the National Institute of Health

# Stress

Stress is a physical and emotional reaction that people experience as they encounter challenges in life. When you're under stress, your body reacts by releasing hormones that produce the "fight-or-flight" response. Your heart rate, breathing rate, and blood pressure go up, your muscles tense, and you sweat more. Occasional stress is a normal coping mechanism. However, long-term stress (also called chronic stress) may contribute to or worsen a range of health problems including digestive disorders, headaches, sleep disorders, and other symptoms. Stress may worsen asthma and has been linked to depression, anxiety, and other mental illnesses.

There is no drug to cure stress. But we do have access to a built-in "[stress reset button](#)." It's called the relaxation response. In contrast to the stress response, the relaxation response slows the heart rate, lowers blood pressure, and decreases oxygen consumption and levels of stress hormones.

### Stress Vs Anxiety

Stress is generally a response to an external cause such as taking a big test or arguing with a friend. Stress will usually go away once the situation is resolved. It can be positive or negative. For example, it may inspire you to meet a deadline.

Anxiety, if generally internal meaning it is your reaction to stress. Anxiety can involve a persistent feeling of apprehension or dread that doesn't go away and interferes with how you live your life. It is constant even if there is no immediate threat.

Both Stress and Anxiety can affect your mind and body. You may experience symptoms such as excessive worry, uneasiness, tension, headaches or body pain, high blood pressure and loss of sleep.

Coping with stress and anxiety involves learning what triggers your stress and what coping techniques work for you to help reduce your anxiety and improve your daily life. It may take trial and error to discover what works for you.

There are some activities you can try when you start to feel overwhelmed

Keep a journal

Download an app that provides relaxation exercises such as deep breathing or tips for practicing mindfulness

Exercise and make sure you are eating healthy regular meals. Avoid drinking excess caffeine such as soft drinks or coffee

Stick to a sleep routine and make sure you are getting enough sleep

Identify and challenge your negative and unhelpful thoughts

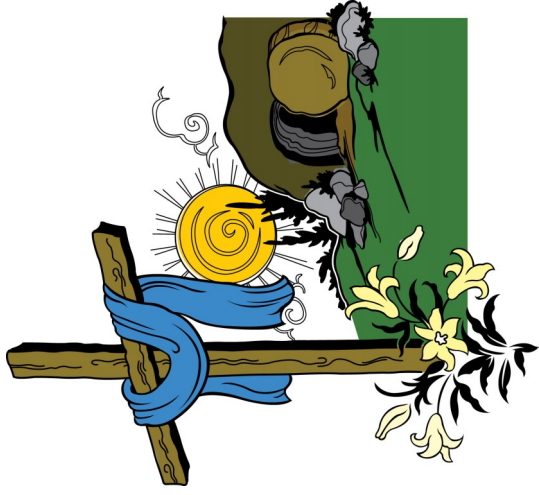
Reach out to your friends or family members who help you cope in a positive way.

## Recognize When You Need More Help

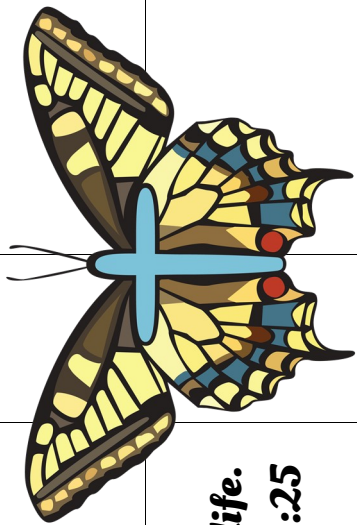
If you are struggling to cope, or if the symptoms of your stress won't go away, it may be time to talk to a professional.

If you are in immediate distress or are thinking about hurting yourself, call, text, or chat 988. This 3-digit number will route you to the [988 Suicide & Crisis Lifeline](#), which is now active across the United States. The Lifeline provides 24-hour, confidential support to anyone in suicidal crisis or emotional distress.





# April 2024

|    | Mon                                                                                                                                                                                            | Tue                                                                  | Wed                                                                      | Thu                                                                                            | Fri                                                | Sat |                                           |
|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|--------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|----------------------------------------------------|-----|-------------------------------------------|
| 1  | OFFICES CLOSED<br>NO SCHOOL<br>NO WORSHIP<br>SERVICE                                                                                                                                           | 2                                                                    | 3<br>8:20 Chapel<br>2:10 Confirmation<br>6:10 Bell Ringers<br>7:10 Choir | 4<br>6:00 PTL Meeting                                                                          | 5                                                  | 6   |                                           |
| 7  | 9:30 Sunday School<br>9:30 Bible Class<br>9:30 Youth Group Bible Study<br>10:45 Worship with Communion<br>12:30 & 7:00 SW Broadstream Service                                                  | 8<br>5:15 Bd Cong.<br>Services Mfg<br>7:00 Worship with<br>Communion | 9<br>5:15 Bd Cong.<br>Services Mfg<br>7:00 Worship with<br>Communion     | 10<br>8:20 Chapel<br>2:10 Confirmation<br>5:15 LWML<br>6:10 Bell Ringers<br>7:10 Choir         | 11                                                 | 12  | 13                                        |
| 14 | Last Day of Sunday School<br>9:30 Sunday School<br>9:30 Bible Class<br>9:30 Youth Group Bible Study<br>10:45 Worship<br>12:00 Voters Meeting<br>12:30 & 7:00 SW Broadstream Service            | 15<br>7:00 Worship                                                   | 16                                                                       | 17<br>8:20 Chapel<br>2:10 Confirmation<br>6:10 Bell Ringers<br>7:10 Choir                      | 18<br>6:00-8:00 Youth<br>Group Restaurant<br>Crawl | 19  | 20<br>Region IV Spelling<br>Bee in Truman |
| 21 | 9:00 All School Choir sings at The<br>Lutheran Church of Our Savior,<br>Windom<br>9:30 AED Training<br>9:30 Bible Class<br>10:45 Worship with Communion<br>12:30 & 7:00 SW Broadstream Service | 22<br>6:00 Bd of Elders Mtg<br>7:00 Worship with<br>Communion        | 23                                                                       | 24<br>8:20 Chapel<br>6:10 Bell Ringers<br>6:30 Bd Trustees Mtg<br>6:30 Bd Ed Mtg<br>7:10 Choir | 25                                                 | 26  | 27                                        |
| 28 | Confirmation Sunday<br>9:30 Bible Class<br>9:30 Youth Group Bible Study<br>10:45 Worship with Communion<br>12:00 Bd of Finance Mtg<br>12:30 & 7:00 SW Broadstream Service                      | 29<br>7:00 Worship with<br>Communion<br>8:00 Joint Boards            | 30                                                                       |             |                                                    |     |                                           |
|    |                                                                                                                                                                                                |                                                                      | <b>I am the resurrection and the life.</b><br>- John 11:25               |                                                                                                |                                                    |     |                                           |

Immanuel Lutheran Church and School  
P.O. Box 750, 604 Bush Street  
Lakefield, Minnesota 56150  
507-662-5718

NON-PROFIT ORGANIZATION  
U.S. Postage Paid  
Lakefield, Minnesota 56150  
Permit #21

RETURN SERVICE REQUESTED

*Worship Schedule —*

Sunday Morning Services  
10:45 AM  
Sunday School and Bible Class  
9:30 AM  
Southwest Broadstream Services  
12:30 & 7:00 PM  
Communion Celebrated  
1st and 3rd Sunday

I Know that My Redeemer Lives

*APRIL Monthly*

